

### **Action Plan for Week 3 – Getting Focused**

1. Reaffirm your commitment to pray.
2. Ask the Holy Spirit to help you to pray for 15 min. for five days this week.
3. Develop the “Getting Focused” page of your prayer notebook (see below for example).
  - a. Make *YHWY* first subsection of this page.
  - b. Review the meaning of *YHWH* and make note of any dimension of this name that you want to pray about.
  - c. Review the seven compound names of *YHWH* (see example below) and make note of what each name means to you.
  - d. Write the words “praise” and “thanksgiving” at the end of each segment to remind you to respond.
4. Pray:
  - a. Through the “Getting Started” section that you started developing in Week 2.
  - b. Through the names of God with deliberate expressions of praise and thanksgiving.
  - c. Briefly through the remaining five components using your prayer notebook.
5. Read Ps 100 daily this week.

# Prayer Notebook Sheets

## Key Component: Getting Focused

Prayer Topic	Scripture Reference
<b>A. The Name - <i>YHWH</i></b>	<b>Ps 138:2</b>
1. I am	Ex 3:14
2. I cause to be	Ps 135:6
3. I will be who I will be	Eph 1:11
<b>B. The Compound Names</b>	
1. The Lord is Righteous ( <i>YHWH-tsidkenu</i> )	Ps 27:1
2. The Lord is Present ( <i>YHWH-shamma</i> )	Ezk. 48:35
3. The Lord is Shepherd ( <i>YHWH-rohi</i> )	Ps 23:1-6
4. The Lord is Provider ( <i>YHWH-jireh</i> )	Ge 22:14
5. The Lord is Healer ( <i>YHWH-rophe</i> )	Ex 15:26
6. The Lord is Victory ( <i>YHWH-nissi</i> )	Ex 17:15
7. The Lord is Peace ( <i>YHWH-shalom</i> )	Ju 6:24-27